

# Natpara Discontinuation Considerations



## QUESTIONS FOR PATIENTS:

1. What are the names and doses of all medications and supplements you are currently taking?
  
  
  
  
  
  
  
  
  
  
2. What is your current dose of Natpara? \_\_\_\_\_ How long have you been on it? \_\_\_\_\_
  
  
  
  
  
  
  
  
  
  
3. Do you take Calcium supplements? \_\_\_\_\_ Type (carbonate, citrate, etc)? \_\_\_\_\_  
Please confirm on the label the mg of elemental calcium \_\_\_\_\_ serving size \_\_\_\_\_ and the % daily value \_\_\_\_\_
  
  
  
  
  
  
  
  
  
  
4. What is your current daily dose of the following?  
Calcium \_\_\_\_\_ Calcitriol (or alphacalcidol) \_\_\_\_\_ Vitamin D (ergocalciferol or cholecalciferol) \_\_\_\_\_
  
  
  
  
  
  
  
  
  
  
5. What was your Pre-Natpara daily dose?  
Calcium \_\_\_\_\_ Calcitriol (or alphacalcidol) \_\_\_\_\_ Vitamin D (ergocalciferol or cholecalciferol) \_\_\_\_\_
  
  
  
  
  
  
  
  
  
  
6. Do you have an emergency plan if your calcium level drops extremely low and you are confused, having throat tightness, wheezing or trouble breathing, tetany or seizure and need immediate assistance?
  
  
  
  
  
  
  
  
  
  
7. Do you wear a medical alert item (bracelet, necklace, etc) stating you are 'Hypoparathyroid' or 'calcium dependent'?



## QUESTIONS TO DISCUSS WITH YOUR DOCTOR:

1. Can I have a standing lab order for calcium and albumin any time I feel my calcium might be low? Can I come in every few days for a blood test when initially off Natpara? How can I receive my lab results as soon as they are ready (portal, etc)? Should other labs also be checked (Mg, P, K, vitamin d, etc)?

2. What should be my starting regimen when off Natpara (dose and frequency) and how many hours after the last Natpara injection should I start?

Calcium \_\_\_\_\_ Calcitriol (or alphacalcidol) \_\_\_\_\_ Vitamin D (ergocalciferol or cholecalciferol) \_\_\_\_\_

3. What should I take if I am feeling symptoms of low calcium?

Calcium \_\_\_\_\_ Calcitriol (or alphacalcidol) \_\_\_\_\_ Vitamin D (ergocalciferol or cholecalciferol) \_\_\_\_\_

4. What were my last calcium, creatinine, phosphorus, magnesium and potassium blood levels and the dates?

5. Off Natpara, what do I want my calcium levels to be? Should they be low normal (8 to 8.5) if I do not have low calcium symptoms?

6. Should I take a thiazide medication to lower my urine calcium level (if not contraindicated, especially if I was previously taking one)? What was my last 24 hour urine calcium level? When should I redo my 24 hour urine calcium?

7. How often should I get blood calcium levels checked when off Natpara if I feel my calcium is more stable?

8. Can we check thyroid levels again and then every few months, if needed?

9. Am I on any medications or supplements that can add risks in the presence of low calcium? Or that can be exacerbated if calcium levels are low?

10. When it is time to restart Natpara, what should I take (given a good 25(OH) Vit. D level is crucial for Natpara to work)?

Calcium \_\_\_\_\_ Calcitriol (or alphacalcidol) \_\_\_\_\_ Vitamin D (ergocalciferol or cholecalciferol) \_\_\_\_\_